

**SUMMATIVE ASSESSMENT – FIRST TERM****SCIENCE****Max. Marks: 60****Std - III****Time: 2 Hrs****I. Choose the best answer:****5 x 1 = 5**

1. A _____ is a food that is very rich in nutrients and keeps us healthy.
a. super food b. junk food c. good food
2. When a solid turns into a liquid we call it _____.
a. melting b. cooling c. water vapour
3. Materials from plants.
a. wood b. gold c. glass
4. The _____ is a natural source of light.
a. sun b. bulb c. tubelight
5. Food remains fresh if it is _____.
a. refrigerated b. roasting c. frying

II. Fill in the blanks:**5 x 1 = 5**

6. Water boils at _____ degrees.
7. When we pull with our hand it is _____ force.
8. Materials from animals _____.
9. When a liquid changes into a gas we call it _____.
10. _____ contains vitamins that help us stay healthy.

III. Write true or false:**5 x 1 = 5**

11. Plastic is made from metals _____.
12. All materials are man made _____.
13. Linen is made from jute _____.
14. Leather comes from animals _____.
15. Petroleum is found deep in the earth _____.

IV. Match the following:**5 x 1 = 5**

16. Paper - Silk worm
17. Silk - Bamboo trees
18. Good touch - push or pull
19. Jogging - when our parents hug us
20. Force - healthy for our body

V. 21. Find out what the following gadgets are used for?

5 x 2 = 10

a.



b.



c.



d.



e.



VI. 22. Choose the cookware that we use to prepare the following:

5 x 2 = 10

a. Cake

b. Tea

c. Chutney

d. Dosa batter

e. Juice



juicer



mixie



grinder



kettle



oven

VII. Tick the rules that you will follow if you are working in the kitchen.

5 x 1 = 5

23. Operate electrical gadgets on your own.

24. Use plastic knives.

25. Clean the kitchen after you finish your work.

26. Do not light the gas stove.

27. Use the knives that your mother uses.

VIII. Answer the following:

5 x 2 = 10

28. Write down the benefits of exercise.
29. What is a mixture?
30. What is condensation?
31. What are the 3 main sources of materials for humans.
32. What is force?
33. Name any two forces that you know.
34. What are the advantages of steaming food?

IX. Answer any one:

5 x 1 = 5

35. List out a few healthy habits.
36. Write the name of two dishes that can be made from the following method of cooking.
 - a. Boiling -
 - b. Roasting -
 - c. Baking -
 - d. Steaming -
 - e. Frying -