

FORMATIVE ASSESSMENT - SECOND MID TERM

SCIENCE

Max. Marks: 50

Std - III

Time: 2 Hrs

Name of the School:	Name of the Student:
Place:	Roll No.:

I. Choose the correct answer: 5 x 1 = 5

1. _____ are substances that help our body grow

a. Nutrientsb. Vitaminsc. Fat
2. _____ gives instant energy.

a. Clovesb. Bananac. Dry fruits
3. Rivers, lakes, and canals are _____ sources of water.

a. surfaceb. undergroundc. dry fruits
4. On heating, water changes into _____

a. solidb. liquidc. gas
5. Potable water is used _____

a. drinkingb. cookingc. both a and b

II. Fill in the blanks: 5 x 1 = 5

1. _____ breed on both clean and dirty water.
2. We get water from _____
3. _____ helps to remove waste from our body.
4. A kitchen garden is only for _____ use.
5. All living things need _____.

III. Match the following: 5 x 1 = 5

1. lassi

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potato
2. aquifer

-

milk
3. rasagulla

-

curd
4. dysentery

-

underground well
5. dum aloo

-

water-borne disease

IV. Name the following:

5 x 1 = 5

- 1. Name any two foods rich in fat.
- 2. Name any two spices.
- 3. Name any two sources of water.
- 4. Name any two characteristics of potable water.
- 5. Name any two water-borne diseases.

V. Circle the odd one out:

4 x 1 = 4

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|------------------|-------------|---------------|------------|
| 1. carbohydrates | proteins | fat | lake |
| 2. green leaves | wheat | minerals | dry fruits |
| 3. condensation | evaporation | precipitation | chappati |
| 4. North India | river | canal | lake |

VI. Write true or false:

5 x 1 = 5

- 1. Old people can intake fibrous food.
- 2. Egg yolk is rich in vitamins.
- 3. We must plant trees along river banks.
- 4. On heating water changes into ice.
- 5. Sambar is one of the South Indian food.

VII. Diagram:

6

- 1. Food Pyramid (Or) Water cycle

VIII. Answer the following question: (any 5)

5 x 2 = 10

- 1. Name any five food items that we get from plants.
- 2. What is roughage? How does it help us?
- 3. Name any five food items that are traditionally eaten in Tamil Nadu.
- 4. What are the two sources of water?
- 5. How do we get potable water?
- 6. Name few water-borne diseases.

IX. Answer in detail:

1 x 5 = 5

- 1. a. Give three reasons why you must grow a kitchen garden.
b. Give three tips to be followed to conserve water.