

FORMATIVE ASSESSMENT - SECOND MID TERM**SCIENCE****Max. Marks: 50****Std - III****Time: 2 Hrs**

Name of the School: <hr/>	Name of the Student: <hr/>
Place: <hr/>	Roll No.: <hr/>

I. Choose the correct answer: **5 x 1 = 5**

1. _____ are substances that help our body grow
 - a. Nutrients
 - b. Vitamins
 - c. Fat
2. _____ gives instant energy.
 - a. Cloves
 - b. Banana
 - c. Dry fruits
3. Rivers, lakes, and canals are _____ sources of water.
 - a. surface
 - b. underground
 - c. dry fruits
4. On heating, water changes into _____
 - a. solid
 - b. liquid
 - c. gas
5. Potable water is used _____
 - a. drinking
 - b. cooking
 - c. both a and b

II. Fill in the blanks: **5 x 1 = 5**

1. _____ breed on both clean and dirty water.
2. We get water from _____
3. _____ helps to remove waste from our body.
4. A kitchen garden is only for _____ use.
5. All living things need _____.

III. Match the following: **5 x 1 = 5**

1. lassi	-	potato
2. aquifer	-	milk
3. rasagulla	-	curd
4. dysentery	-	underground well
5. dum aloo	-	water-borne disease

IV. Name the following:**5 x 1 = 5**

1. Name any two foods rich in fat.
2. Name any two spices.
3. Name any two sources of water.
4. Name any two characteristics of potable water.
5. Name any two water-borne diseases.

V. Circle the odd one out:**4 x 1 = 4**

1. carbohydrates	proteins	fat	lake
2. green leaves	wheat	minerals	dry fruits
3. condensation	evaporation	precipitation	chappati
4. North India	river	canal	lake

VI. Write true or false:**5 x 1 = 5**

1. Old people can intake fibreous food.
2. Egg yolk is rich in vitamins.
3. We must plant trees along river banks.
4. On heating water changes into ice.
5. Sambar is one of the South Indian food.

VII. Diagram:**6**

1. Food Pyramid (Or) Water cycle

VIII. Answer the following question: (any 5)**5 x 2 = 10**

1. Name any five food items that we get from plants.
2. What is roughage? How does it help us?
3. Name any five food items that are traditionally eaten in Tamil Nadu.
4. What are the two sources of water?
5. How do we get potable water?
6. Name few water-borne diseases.

IX. Answer in detail:**1 x 5 = 5**

1. a. Give three reasons why you must grow a kitchen garden.
b. Give three tips to be followed to conserve water.